



SEND Relief

What to Bring

- Bible
- Phone for alarm and camera
- Paper to take notes
- Insect repellent
- Personal first aid kit
- Sun block
- Hat/cap
- Medium-length shorts
- Long pants to wear on the worksite (old jeans)
- Modest sleepwear
- Personal water bottle for refilling
- Pillow
- Sleeping bag or linens
- Close-toe work shoes (work boots preferable)
- Tennis shoes/sandals
- Modest T-shirts
- Toiletries
- Towels/washcloths
- Umbrella/rain coat
- Work shirt (long sleeves)
- Work gloves
- Nicer clothes for church attendance
- Casual clothes for meal and evening times