# Send North America: Montreal

### Children's Missions Projects

#### Local

#### Random Acts of Kindness (RAK)

Living our lives on mission means always looking for opportunities to reach out in love to others. In this way, we are being a friend to others in hope of sharing Christ through our actions.

Leaders can plan some intentional acts to be implemented by their groups. Examples of group RAKs are listed below:

- Give flowers to people as they exit a store.
- Deliver warm socks to a local nursing home.
- Pick up trash at your local park.
- Offer bottles of cold water at your local playground or ball park in the summer or hot chocolate in the winter.
- Offer to help people put their groceries in their car and return their shopping carts.
- Plan a playdate at a center for special needs children.
- The list is endless!

People may ask why you are doing what you are doing. Teach the children to respond by saying something like, "God loves you, and He wants me to love you, too."

Children can also perform acts of kindness during their everyday lives. Below is a list of examples:

- Hold doors for people.
- Let someone go ahead of them in line.
- Show respect to adults by saying "ma'am" and "sir."
- Offer homework help to a struggling fellow student.
- Write notes of encouragement to family members.
- Help grandparents or other seniors.
- Be a friend to someone new.
- This list is also endless!

Don't forget to follow up with the children as they integrate random acts of kindness into their everyday lives. Ask them how they feel when they have truly surprised and helped another person. Remind them that some people may refuse their help, but God wants us to try anyway. He wants us to live our lives on mission, creating opportunities to share the good news of Jesus.

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### **Connect with a Montreal church planter**

Many times new church plants need tangible help with supplies for ministry evangelism events such as block parties, VBS, food pantries, etc. These are some things your children may be able to help new churches acquire. Go to namb.net/Montreal, and click on the Mobilize Me button to learn how your group can partner in a church planter's ministry to the lost in Montreal. A link to a list of church planters serving in Montreal is also available there.

Children may also want to write letters of encouragement to church planters and their families. Contact the North American Mission Board in one of the following ways to learn how and who:

### North American Mission Board, SBC

4200 North Point Parkway Alpharetta, GA 30022-4176 Phone: 770-410-6000

Toll free: 800-634-2462 (Continental U.S. and Canada)

webmaster@namb.net

You may also inquire by filling out the online form at namb.net/contact-us.